

CHEAPEST Prices on PRODUCE (March 21 - March 27, 2014)

Product	Color	Store	Product Of	Price	Size	Flyer Unit	Alt. Unit	Notes
Asparagus		WalMart	Mexico	\$1,97	1	lb	4.34/kg	
Avocados		WalMart	Mexico	\$0,77	each			
Bananas		WalMart	Costa Rica	\$0,57	1	lb	1.24/kg	
Broccoli		No Frills	USA	\$0,97	each			
Cantaloupe		Freshco	Guatemala	\$1,49	each			
Celery		Freshco	USA	\$0,99	each			
Clementines		Freshco	Morocco	\$3,99	4	lb		
Cucumbers – English		Freshco	Ontario	\$0,67	each			
Grapes		No Frills		\$1,97	1	lb		
Green Beans		WalMart	USA	\$1,47	1	lb	3.24/kg	
Onions	Red	No Frills	Ontario	\$2,97	10	lb		
Pears – Bartlett		Food Basics	USA	\$0,97	1	lb		
Pineapple		WalMart	Costa Rica	\$1,97	each			
Romaine Hearts		WalMart	USA	\$2,00	3	Pack		
Strawberries		WalMart	USA	\$1,97	1	lb		
Tomatoes - Grape		No Frills	Mexico	\$0,97	1	Pint		
Tomatoes - Hot House		RCSS	Mexico	\$0,88	1	lb		
Watermelon		WalMart	Guatemala	\$2,47	each			Whole

CHEAPEST Prices on MEAT and FISH (March 21 - March 27, 2014)

Product	Type of Meat	Store	Price	Size	Unit	Notes
High Liner Tilapia/Salmon	Fish	WalMart	\$4,97	400-454	g	
Skinless/Bonless Chicken Breasts	Chicken	Freshco	\$2,97	1	lb	
Whole Chicken	Chicken	No Frills	\$2,57	1	lb	
Bonesless Pork Loin Chop	Pork	No Frills	\$4,47	1	lb	
Fresh Halibut Fillets	Fish	RCSS	\$14,98	1	lb	
Fresh Pork Tenderloin	Pork	Food Basics	\$3,99	1	lb	
Sirloin Tip Roasts	Beef	Food Basics	\$4,99	1	lb	
Fresh Atlantic Salmon Fillets	Fish	Metro	\$2,99	1	lb	

CHEAPEST Prices on DIAPERS, WIPES and FORMULA (March 21 - March 27, 2014)

Product	Store	Type	Price	Count	\$ per Diaper	Size	Notes
Pampers	WalMart		36,43	204			
Easy Ups/Pull Ups	WalMart		23,83				
Underjams/Goodnites	WalMart		23,83				
Huggies	WalMart		35,43	174-222			
Huggies Wipes	WalMart		19,43				Largest Box
Pampers Wipes	WalMart		19,43				Largest Box

CHEAPEST Prices on POP, MILK and TP (March 21 - March 27, 2014)

Product	Store	Price	Size	Unit	Notes
Coke or Pepsi	Shoppers	\$3,30	12	Cans	
Coke or Pepsi	No Frills	\$1,00	2	L	
Coke or Pepsi	Shoppers	\$1,97	6x710ml		
Cashmere	No Frills	\$8,88	30	DBL ROLLS	

CHEAPEST Prices on CHEESE, BREAD and PET FOOD (March 21 - March 27, 2014)

Product	Store	Price	Size	Unit	Notes
Pedigree Dog Food	WalMart	\$14,98	8	kg	